

# Mental Health Support Team (MHST)

## Online Parent Workshop: Moving Up to Secondary School

The MHST provide early intervention wellbeing support across education and healthcare to support whole school communities.

This workshop is designed to support all parents/carers with children moving up to secondary school. We encourage you to come along to build on your understanding, learn new skills and meet other parents of children with similar experiences. We look forward to meeting you!

**When: Monday 4<sup>th</sup> August at 9.30am**

**Where: Online via Microsoft Teams**

**All parents are welcome!**

**Please use the QR code to sign up below;**

