

PSHE Progression Map

EYFS

<u>Autumn</u>	<u>Spring</u>	<u>Summer</u>
<ul style="list-style-type: none">• I can express that we are created individually by God as part of His creation plan• I can express that we are each unique, with individual gifts, talents and skills• I can express that we all have different 'tastes' (likes and dislikes), but also similar needs (to be loved and respected, to be safe, etc)• I can begin to understand why the world, 'Our Common Home', is so important• I know about my culture• I can begin to understand why poppies are a symbol of Remembrance Day• I can begin to understand how we can take care of our world	<ul style="list-style-type: none">• I can express that we are part of God's family• I can talk about special people (e.g. parents, carers, friends) and what makes them special• I can express how my behaviour affects other people and that there is appropriate and inappropriate behaviour• I know about safe and unsafe situations indoors and outdoors, including online• I know that medicines should only be taken when a parent or doctor gives them to us• I can express that we should always try to look after our bodies because God created them and gifted them to us• I know how we can be a Good Samaritan to others	<ul style="list-style-type: none">• I can express that being made in God's image means being called to be loved and to love others• I can express that I belong to various communities, such as home, school, parish, the wider local area, nation and the global community• I can express that we have a duty of care for others and for the world we live in (charity work, recycling, etc.)• I can explore the wonder of being special and unique• I can recognise the joy of being a special person in my family• I can celebrate the joy of being a special person in God's family

PSHE Progression Map

Year 1

<u>Autumn</u>	<u>Spring</u>	<u>Summer</u>
<ul style="list-style-type: none">• I can express that God wants us to talk to Him often through the day and treat Him as our best friend• I can understand what a community is, and that God calls us to live in community with one another• I can express that it is natural for us to relate to and trust one another• I can express that I should help at home with practical tasks such as keeping my room tidy, helping in the kitchen, etc• I can understand what Our Common Home is• I can understand what Black History Month is• I can explain how to look after our Earth	<ul style="list-style-type: none">• I can express the importance of being close and trusting special people and telling them if something is troubling them• I can understand the characteristics of positive and negative relationships• I can understand about different types of teaching and that all bullying is wrong and unacceptable• I can express how to resist pressure when feeling unsafe• I can express that medicines are drugs but not all drugs are good for us• I can understand some basic principles of First Aid• I can explain how the Good Samaritan links to Fratelli Tutti	<ul style="list-style-type: none">• I understand that not all information seen online is true• I can understand what rules are and they are needed• I can explain how people have different needs and the responsibilities of caring for them• I can identify the different jobs that people I know, or people who are in the community, do• I can focus on my family, and I understand what it means to grow up in a loving, secure and stable home• I can celebrate ways that God loves and cares for us

PSHE Progression Map

Year 2

<u>Autumn</u>	<u>Spring</u>	<u>Summer</u>
<ul style="list-style-type: none">• I can express that God has created us, His children, to know, love and serve Him in this life and forever – this is our purpose and goal and will bring us true happiness• I know that saying sorry is important and can mend friendships• I can express simple strategies for managing feelings and for good behaviour• I can express that choices have consequences; that when we make mistakes, we are called to receive forgiveness and to forgive others when they do• I can explain 5 things I am thankful for on the Earth• I can explain what Black History Month is• I can understand how Eyes of the World links to environment and fair trade	<ul style="list-style-type: none">• I can express that girls and boys have been created by God to be both similar and different and together make up the richness of the human family• I can express what constitutes a healthy lifestyle, including physical activity, dental health and healthy eating• I can understand how to maintain personal hygiene• I can express that being made in God's image means being called to be loved and to love others• I can express what harms and what improves the world in which we live• I can express how I can be a good neighbour• I know how to assess the reliability of sources of information online and how to make safe reliable choices from search results	<ul style="list-style-type: none">• I understand the different roles and responsibilities people have in their community• I can explain how people make different choices about how to save and spend• I can describe how we are growing and developing in diverse communities that are God-given• I can recognise the joy and friendship of belonging to a diverse community• I can describe ways of being safe in communities

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Year 3

<u>Autumn</u>	<u>Spring</u>	<u>Summer</u>
<ul style="list-style-type: none">• I can express that we are created individually by God who is Love, designed in His own image and likeness• I can explain how God makes us His adopted children in Baptism• I can express the importance of forgiveness and reconciliation in relationships, and some of Jesus' teaching on forgiveness• I can express ways to maintain and develop good, positive, trusting relationships; strategies to use when relationships go wrong• I can understand what diversity is• I can explain 5 things we do to help the Earth• I understand the significance of Black History Month• I can explain the significance of poppies to Remembrance Day• I know how to value the contributions that people and groups make to the community	<ul style="list-style-type: none">• I can express that God is Love shown by the Trinity - a 'communion of persons supporting each other in their self-giving relationship'• I can express that my increasing independence brings increased responsibility to keep myself and others safe• I know how to use technology safely• I know how to report and get help if they encounter inappropriate materials or messages• I can explain how being a good neighbour means living in peace and unity	<ul style="list-style-type: none">• I can recognise the reasons for rules and laws and I understand the consequences of not adhering to them• I understand different ways to pay for things and the choices people have about this• I can identify positive things about my achievements and I know how to set goals to achieve personal outcomes• I can describe and give reasons for how we grow in love in caring and happy friendships where we are secure and safe• I can celebrate the joy and happiness of living in friendship with God and others

PSHE Progression Map

Year 4

<u>Autumn</u>	<u>Spring</u>	<u>Summer</u>
<ul style="list-style-type: none"> • I can express that God made us with the desire to be loved and to love and to make a difference: each of us has a specific purpose (vocation) • I can express that we are made in the image of God, which means we are made to love God and others, and be loved by God and others • I can express the similarities and differences between people arise as they grow and make choices, and that by living and working together ('teamwork') we create community • I can explain how recycling can help Our Common Home • I can recognise the ways of responding to prejudice if witnessed and experienced 	<ul style="list-style-type: none"> • I can understand the range and intensity of my feelings more deeply; that 'feelings' alone are not good guides for action • I know what emotional well-being means and that positive actions help emotional well-being • I can express that images in the media do not always reflect reality and can affect how people feel about themselves • I can express that God wants His Church to love and care for others • I can explain the relationship between rights and responsibilities • I can understand stereotypes in the workplace and how aspirations should not be limited to them • I can explain what might influence people's decisions about a job and career 	<ul style="list-style-type: none"> • I can discuss spending decisions and how these can affect others and the environment • I understand how information is ranked, selected and targeted at specific individuals and that connected devices can share information • I can explain what democracy is, why it is important, and how it links to Human Rights • I can explain what democracy is, why it is important, and how it links to Human Rights • I can make links and connections to show that we are all different • I can celebrate these differences as we appreciate that God's love accepts us as we are now and as we change • I can celebrate the uniqueness and innate beauty in each of us

PSHE Progression Map

Year 5

<u>Autumn</u>	<u>Spring</u>	<u>Summer</u>
<ul style="list-style-type: none">• I know that we were created individually by God who cares for us and wants us to put our faith in Him• I can express that pressure comes in different forms, and what some of those different forms are• I know about different scenarios in which it is right to say 'no'• I can explain how we can protect the planet• I can identify ways we can look after our world	<ul style="list-style-type: none">• I can recognise that God calls us to love others• I know how to apply the principles of Catholic Social Teaching to current issues• I can express that my increasing independence brings increased responsibility to keep myself and others safe• I know what the term cyberbullying means and examples of it• I know how to make good choices about substances that will have a positive impact on their health	<ul style="list-style-type: none">• I can understand the difference between local and national government and the role they play• I can explain that some jobs are paid more than others; money and factors that influence career choices and why we do voluntary work• I know the risks associated with money and ways of keeping safe• I can show knowledge and understanding of how we grow in awareness of the physical and emotional changes that accompany puberty - sensitivity, mood swings, anger, boredom etc., and grow further in recognising God's presence in our daily lives• I can celebrate the joy of growing physically and spiritually

PSHE Progression Map

Year 6

<u>Autumn</u>	<u>Spring</u>	<u>Summer</u>
<ul style="list-style-type: none">• I recognise that lots of changes will happen during puberty and sometimes it might feel confusing, but it is all part of God's great plan and the results will be worth it• I can express how similarities and differences between people arise as they grow and mature, and that by living and working together ('teamwork') we create community• I know that God the Father, God the Son and God the Holy Spirit are the three persons of the Holy Trinity.• I know about ways in which they can spread God's love in their community• I can explain how we can reduce our carbon footprint• I can identify ways we can look after our world	<ul style="list-style-type: none">• I know that images in the media do not always reflect reality and can affect how people feel about themselves• I can identify a deeper understanding of the range and intensity of my feelings; that 'feelings' are not the only good guides for action• I can explain how we can help communities overseas• I can understand how to protect the environment in school and at home and how everyday choices can affect the environment• I know how information is ranked, selected and targeted at specific individuals and that connected devices share information• I can explain why we should respect the law	<ul style="list-style-type: none">• I know the risks involved in gambling; different ways money can be won or lost; the impact on health, wellbeing and future aspirations• I can identify ways that money can impact on people's feelings and emotions• I can recognise a variety of routes into careers, e.g. college, apprenticeships, university• I can develop a secure understanding of what stable; caring relationships are and the different kinds there may be• I can explain how human life is conceived